**Unit 3 Test Study Guide**

**Negative peer pressure (definition and examples)**

**Ways to resist Peer Pressure:**

Abstinence – ten reasons to be abstinent

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

Contraceptives – condoms vs. birth control

**Positive peer pressure (definition and examples)**

**STD’s** – What makes you at risk of STD’S?

How can you prevent STD’S?

**HIV** – What does HIV lead to?

 How does someone get HIV?

How can you prevent it?

**Smoking** –What is the intoxicating mixture?

What are some long and short term affects from smoking?

**Alcohol** – What are the effects that alcohol has on your body?

What is the difference between alcohol poisoning and intoxication?

**BAC** – stands for?

What is the legal BAC that people are allowed to drive with?

**Drunk goggles and Mr. Gross mouth –** What did you learn from these experiences?

What did we do with these items in class?

**Vaping-** What are some risks when someone chooses to vape?

Why do people vape?